

RISK MANAGEMENT AND INSURANCE UPDATE



2022 Annual Enrollment is Ending Soon!

Annual Enrollment for 2022 will be October 13 - October 25, 2021. Employees may enroll, change, or cancel coverages during Annual Enrollment. Please visit www.pcsb.org/annual-enrollment for electronic links to the Newsletter, as well as additional information and other useful links to review.

Not making any changes? Your current benefit elections will automatically continue in 2022. The new pharmacy changes will apply. However, we recommend you visit the enrollment website to verify the accuracy of your dependent information and verify your life insurance beneficiary information.

WELLNESS NEWS

Updated FREE COVID-19 Testing Locations

The flyer below provides the updated COVID-19 testing locations for all PCS employees. Due to decreased demand, the Walter Pownall Service Center testing location will be permanently closed beginning 10/21/21. All rapid testing is provided at no cost. Employees must bring their PCS ID or paystub and their government-issued photo ID to receive a test at these locations.

FREE COVID-19 Testing Locations

CVS HealthHUB Sleep Support

Wondering why you're so tired? An estimated 22 million Americans suffer from sleep apnea. Are you one of them?

CVS HealthHUB's provide assessments, support, and supplies you may need, all in one convenient place, close to home. Learn more about the CVS program and how you can get better quality sleep. <u>CVS HealthHUB Sleep Support Flyer.</u>

WELLNESS NEWS

Limeade: Earn Your Points Today

Employees have until February 14, 2022, to earn points through Limeade and earn incentives, including the \$300 Wellness Incentive! For more information about Limeade, who's eligible, and how to earn points visit pcsb.org/limeade. Don't forget to complete your preventative exams before 12/31/2021. Use these self-submit directions to learn about how to self-submit and automatically earn points for preventative exams.

Want to learn more about Limeade?

Join the Limeade 101 live webinar to learn how to get started, how to reach new levels and how to earn incentives before the end of the year! Visit <u>District</u> <u>Campaigns</u> for registration and recording after the live webinar.

PCS District Webinars

Throughout the fall semester, webinars will be held on a variety of different wellness topics including mental and emotional well-being (EAP), nutrition, financial, and Limeade. Below are upcoming webinars. Visit <u>District Campaigns</u> to view all of the upcoming webinars and recordings.

Limeade 101 - 10/27 @ 5:30pm - Registration

Do Digestive Enzymes Work with Bloating - 11/9 @ 5:30pm - <u>Registration</u> Fight the Funk: Improving Emotional Well-being - 11/17 @ 5:30pm - <u>Registration</u>

Employee Assistance Program - Domestic Violence Awareness Month

October is Domestic Violence Awareness month. Domestic violence is a widespread and complex issue. And it can affect anyone, regardless of gender, race, economic status or sexual orientation. But many people don't know how to recognize that a relationship is abusive. Read the <u>attached article</u> and learn what to do to stay safe and where to go for help. And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- <u>PerkSpot</u>: travel discounts, tickets & entertainment, local offers and so much more.
 Company code: PCSB
- <u>Tickets at Work</u>: exclusive discounts, special offers and much more. Company code: PCS
- Amalie Arena & Yuengling Center Events